

MCA FORUM

Volume 46 No. 1

Winter 2023



2023

WELCOMING A NEW YEAR

mca-mn@hotmail.com

Feel free to e-mail MCA to get in contact, join a committee, become a sponsor or to get involved!

MCA website: www.mn-ca.org

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GET IN TOUCH!



Join MCA Today



President's Message

Mark Groves, 2023 MCA President

It is a special honor and a privilege to begin my second term as president of MCA. I am flattered that you have again, entrusted me with this role. Our outgoing president, Jane Schmid, deserves an enormous thank you from all of us for guiding our association so ably through difficult times and for making us feel that we really are a part of MCA and the larger criminal justice profession. She has been a terrific role model. Luckily, for all of us, Jane will continue to serve as our Past-President for an additional year.

I am especially grateful that I will be able to rely on our talented Executive Committee (Laura Anderson, Debbie Beltz, Carter Diers, Latonya Reeves, Jane Schmid, Robyn Wood,) during my term as we move forward.

I am even more grateful and motivated by all that we will accomplish with our 2023 MCA board chairs and committee members. Together, we accomplish so much more. Please consider attending any of our monthly MCA Board of Director meetings and/or joining one of our committees:

Adult Justice/Legislative

Membership

Annual Training Institute

Safety

Communications

Silver Line Support

Community Supports

Sponsorship

Education & Training

Spring Workshop Student Services

Juvenile Justice

Technology

Dan Raden is leading a fine group of folks to serve on the Minnesota Corrections Association 90th Anniversary Planning Committee in Duluth. We will keep you apprised of what we are planning and developing.

I know you all will agree with me when I say that MCA is a wonderful organization aimed at promoting the professional development of individuals working in all aspects of the corrections field and promoting ethical and just correctional practice.

President's Message Continued

We will continue advancing evidence-based practice; providing and developing education and training events; developing new collaborations with other associations and work groups; plus strengthening those already in existence; as well as supporting and expanding efforts already in place through MCA's mission and committees.

We are especially appreciative of our dedicated association sponsors who continue to support us!

We hope you will continue taking time to browse our website and read our Forum newsletters that are meant to help you stay apprised of our goings-on while highlighting people and happenings.

I am really excited to lead the association in 2023. MCA has an established, rich history. MCA can and should lead the "charge" as we witness and experience a dramatic shift in "how we do things" as we continue to emerge from our Covid slumber.

Please know that you can contact me anytime you have a question or a suggestion that will enhance the value of MCA. I can be reached at: mark.groves@state.mn.us. 651-318-9275. I'm looking forward to our journey together this year and hope you will all hop on board!

Happy New Year!



Join Today

A Minnesota Corrections Association Membership gives you access to...

Awards—Trainings—Employment—Policy—Networking

- Individual member \$35
- Retiree \$50 lifetime
- Student membership \$10.

Contact the MCA Office to join! mca-mn@hotmail.com

Join MCA!



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2023 Spring Workshop

Sponsored by MCA & the Community Supports Committee

Recovery Resources
for
Corrections Impacted Individuals

Panel Discussion & Training

Join us in the



Date, Time, and Details Coming Soon!



"He brought me up
out of the pit of destruction,
out of the mud.
And He set my feet on a rock,
making my footsteps firm."
Psalms 40:2 (NASB)

612-889-9610
john@rainhomes.org

**Reentry
Assistance to the
Incarcerated of
North America**

RAIN opened new locations in October (St. Louis County), November (Sherburne County), December (Stearns County), and January (Anoka County).

RAIN is a faith-based 501(c)(3) that also helps create networks of welcoming churches, employers & landlords in six US states and soon Oaxaca, Mexico, for adult men & women in recovery. All **RAIN** homes are locally owned, locally operated and locally supported.

- ❖ Recovery Homes (over 60 in MN)
- ❖ Transition Resource and Employment Referrals
- ❖ Mentoring and Navigator support
- ❖ Community Awareness Education
- ❖ Home Ownership Track available

RAIN of North America is not affiliated with an outside organization, church, or specific recovery group and is governed only by its own board of directors.

Do not forget to wash your hands!



WET YOUR HANDS



APPLY SOAP



WASH YOUR HANDS
FOR 20 SECONDS



*Need a timer?
Sing the ABC song!*



RINSE WELL



DRY YOUR HANDS

Remember to scrub between your fingers, under your nails, and the top of your hands.



STAY SAFE MN

COVID-19 MEDICATIONS

Oral Antivirals

COVID-19 medications called antivirals can help people fight their illness. Paxlovid is for people 12 years and older; molnupiravir is for adults 18 years and older. Both of these antivirals are pills that you take by mouth.

If you are sick with COVID-19, antivirals can stop you from getting even sicker and help shorten how long you are sick. You may be able to get this medication if all four things are true:

- ✓ You test positive for COVID-19.
- ✓ Your symptoms started less than five days ago.
- ✓ You are at risk for severe COVID-19 because you are older or have a health condition like diabetes, heart disease, or lung disease.
- ✓ You are not hospitalized due to COVID-19.

Most COVID-19 medications are free, but there could be other costs or fees. If you have insurance, provide that information when you get the medication. If you do not have insurance, ask the health care provider or pharmacist about any costs.

Visit [COVID-19 Medication Options \(www.health.state.mn.us/diseases/coronavirus/meds.html\)](https://www.health.state.mn.us/diseases/coronavirus/meds.html), or talk with your doctor or another health care provider to see if you may be able to use this medication and to find a clinic.

For more information, you may call the COVID-19 Public Hotline at 833-431-2053, from 9 a.m. to 7 p.m. Monday through Friday, or from 10 a.m. to 6 p.m. Saturdays.

Tell your health care provider if you:

- Are pregnant or plan to become pregnant
- Are breastfeeding
- Are taking any medications or supplements
- Have any allergies
- Have any serious illnesses



Minnesota Department of Health | health.mn.gov | 625 Robert Street North PO Box 64975, St. Paul, MN 55164-0975
651-201-5000 | Contact health.communications@state.mn.us to request an alternate format.

5/2/2022



The Technology Committee Returns!!

Jason Mereness, MCA Technology Committee Chair

jason.mereness@co.ramsey.mn.us

Greetings to all my MCA friends, fellow change makers, and technology enthusiasts!

I was honored to receive a phone call in late 2022 asking if I would Chair the MCA Technology Committee in 2023! The answer was simple, YES! As the saying goes, some things are just meant to be. I had spent the previous ten years as Chair of the MCA Annual Training Institutes Resource Fair Sub-Committee. In that role, I could network with MCA's incredible and diverse group of sponsors, exhibitors, partners, and members. I had spent lots of time collecting free pens, talking to people about their products/tools, and I had grown to love all the technology showcased at our annual Resource Fair. That networking and those conversations created a passion for finding new ways to optimize technology and improve outcomes for agents, agencies, and clients.

I am one of the dreamers, or "annoying people" in your agency, who always have these crazy ideas that make you feel all sorts of ways (sorry to those I annoy). Combine my previous MCA efforts with the American Probation and Parole Association's (APPA) Technology Committee work I have been a part of over the past three years and the 2022 MCA Technology Award I was graciously presented with this past year, and you have yourself an excited and motivated new Chair of the MCA Technology Committee. I am so excited to serve as a point person for all of you regarding technology in the Minnesota corrections space.

So let me lay out the vision for the MCA Technology Committee moving forward. The focus of this committee is to examine technology designed to facilitate evidence-based and promising supervision practices and to promote the use of technology for justice reform within the corrections industry. This committee shall provide information regarding the applicable use of applied and emerging technology in the field of corrections. The committee will also strive to promote ethical standards in the use of technology and data. All of this is a fancy way of saying that we will be surveying, assessing, and showcasing technology in an effort to provide other MCA members with that information.

Our goals are to:

- Identify technological needs from the membership.
- Promote integrity in the application of technology and dissemination of information.
- Identify and review applied and emerging technology analyzing potential application within the corrections field.
- Promote evaluation of technology used in corrections.
- Share knowledge about technology and its application in corrections.

I have no doubt that we will be able to meet and exceed these goals. I am thankful for our current committee members who have already committed to being a part of this technology work. I look forward to showcasing some of them in the year to come. If you are a former MCA Technology Committee member and would like to join us, please let me know. We appreciate everyone's past efforts and hope to build upon them moving forward.

The MCA Technology Committee is actively looking for the "technology people" in your agencies. We all know who those people are. If you are one of them or know one of them, please reach out to me at my e-mail address (above) and let me know how you can help.

There is more than enough room at our Jetson's-like virtual table!



MERIDIAN BEHAVIORAL HEALTH

**NOW ACCEPTING
DIRECT ACCESS &
PERFORMING A
COMPREHENSIVE
ASSESSMENT UPON
ADMITTANCE.**



Please call 877-367-1715 to contact our Access Team or email directly to CARC@meridianprograms.com for any Admission questions.

Residential Treatment Facilities

Cedar Ridge Men's Program – Stillwater	Oakridge Men's Program – Rochester, MN
*Twin Town Men's Program – St Paul	Lake Shore Men's Program – Mahtomedi, MN
Douglas Place Men's Program E. Grand Forks	Douglas Place Woman's Program – E. Grand Forks
New Beginnings Men's Program – Waverly	New Beginnings Woman's Program – Waverly
Tapestry Women's Program – St Paul	Meadow Creek Women's Program – Pine City
Latitudes LGBTQ Program – St Paul	Bridge Recovery Men's Program – Sauk Rapids
Beauterre Recovery Institute – Owatonna	New Beginnings of MN IOP Program – 8 locations

7 Men's Programs, 4 Women's Programs, 1 LGBTQ Program, 1 Professional's Program

ABOUT MERIDIAN BEHAVIORAL HEALTH

Based in the Minneapolis-St. Paul Twin Cities area, Meridian Behavioral Health is one of the fastest growing, leading behavioral healthcare platforms in the country. Meridian provides mental health and substance use treatment services across a broad continuum of care, which includes in-patient, residential, out-patient and medication-assisted treatment. Today, Meridian has 3 brands with over 19 locations throughout Minnesota. For more than 27 years, Meridian has developed and refined an innovative, evidence-based, "addictive disease" care model. And this innovative care model, treatment center network and corporate infrastructure have allowed it to rapidly expand, positioning the company and our communities well to continue to reach those in need.

** Twin Town accepts level 3 predatory offenders on a case-by-case basis at the discretion of the director. Population served policy states we only accept up to Level 2 yet the director can approve beyond that if clinically warranted.*

PERSONALIZED CARE FOR HEALTH AND HOPE

Every day, we dedicate ourselves to people, creating treatment plans that help them grasp meaningful, lasting change—the kind of change that can turn lives around. Our network is uniquely designed for those who may be struggling with alcohol or chemical dependency, mental or behavioral health concerns. Our team works across job titles and experience, disciplines, and expertise, applying proven therapeutic approaches to treatments that are as compassion-based as they are evidence-based. We share the same hearts, minds and ambitions, and an unwavering belief that we are truly at our best when those we treat are at theirs. Addictions are often as unique as the person who has them. At Meridian Behavioral Health, we take the time to get to know the patient's situation so we can understand how we can help. Working one-on-one with patients in a judgment-free environment, we develop a level of trust which can overcome even the most challenging circumstances. We then create a custom care plan for each patient, considering their individual needs and long-term goals.

EVIDENCE-BASED APPROACHES

Even as we develop a treatment plan appropriate for an individual situation, we apply the lessons learned helping others reach their goal to find long-term recovery. Clinical practices are scientifically based upon the evidence established by the effective treatment of previous patients. Our evidence-based approach to drug and alcohol treatment also considers the specific social conditions contributing to addiction. Experience has taught us that this can bring healing not only to the afflicted individual, but to their family and the broader community as well.

FULL CONTINUUM CARE

The scope of Meridian's network of affiliates provides a variety of disciplines and types of expertise to ensure patients get care appropriate to their needs. Our comprehensive array of services and specialties reach all levels and intensity of care, from residential inpatient to outpatient, from medically assisted treatment to group-based counseling. Our mental illness/ chemical dependency (MICD) care model is versatile enough to adapt along with our patients throughout their recovery.

INTEGRATING MIND, BODY, AND SPIRIT FOR SUSTAINED HEALING

At Meridian Behavioral Health, we utilize a holistic approach to recovery, as drug and alcohol addiction affects both mental and physical health. We believe all are born with an innate state of mental health and wisdom that once lost, can be accessed, and reclaimed. By embracing this concept of innate well-being, we pull upon the power of inner strength and re-establish a sense of self-pride and self-worth. The result is positive thinking which leads to healthy choices and, therefore, positive behavior. We listen, we respect, we understand, and above all, we help make a lasting change. Our staff whole-heartedly believes in the power of personal touch and their passion helps transform lives every day.

Please visit us at <https://www.meridianprograms.com/>

**Please call 877-367-1715 to contact our Access Team or
email directly to CARC@meridianprograms.com**

Student Services Post Secondary MCA Scholarship

Submitted by Student Services Committee Chair, Melissa McCann

melissa.mccann@state.mn.us

Gaige Webb is our 2022 Post Secondary MCA scholarship winner. Gaige is the son of MCA member Janelle Webb at Wright County Corrections.

Gaige is a sophomore attending South Dakota State University majoring in Civil Engineering. Gaige has long term goal of obtaining a civil engineering degree and working in rural areas. In his application, Gaige described leadership as, "To me, leadership means that you inspire others to work together toward a common goal, while it encourages and enables people to do their best work". Gaige has been on the dean's list at South Dakota state in both Fall 2021 and Spring 2022. He is a member of the American Society for Civil Engineers and participates in intramural teams. Congratulations Gaige!



Did you intern with the MN Department of Corrections and now work in the DOC? We want you! If you are willing to connect with MCA on your story from intern to employee, we would love to hear from you! The Student Services Committee is gathering stories as part of a recruitment project.

Please reach out to Student Services Chair Melissa McCann with a short narrative outlining your experience. Melissa.mccann@state.mn.us

FEBRUARY IS



HISTORY MONTH

Black History Month is an annual celebration of achievements and a time for recognizing the central role and contributions of black people in U.S. and world history.



Since the 1970s there have been celebrations of African American Heritage Month when people celebrate the history and achievements of the community. Celebrations range from specialized TV shows to pronouncements of American presidents. It's also the perfect time to highlight the obstacles Black students face in gaining access to education. One way that this is being addressed is through scholarships for Black students. But have you ever wondered why February was chosen as the African American Heritage Month?

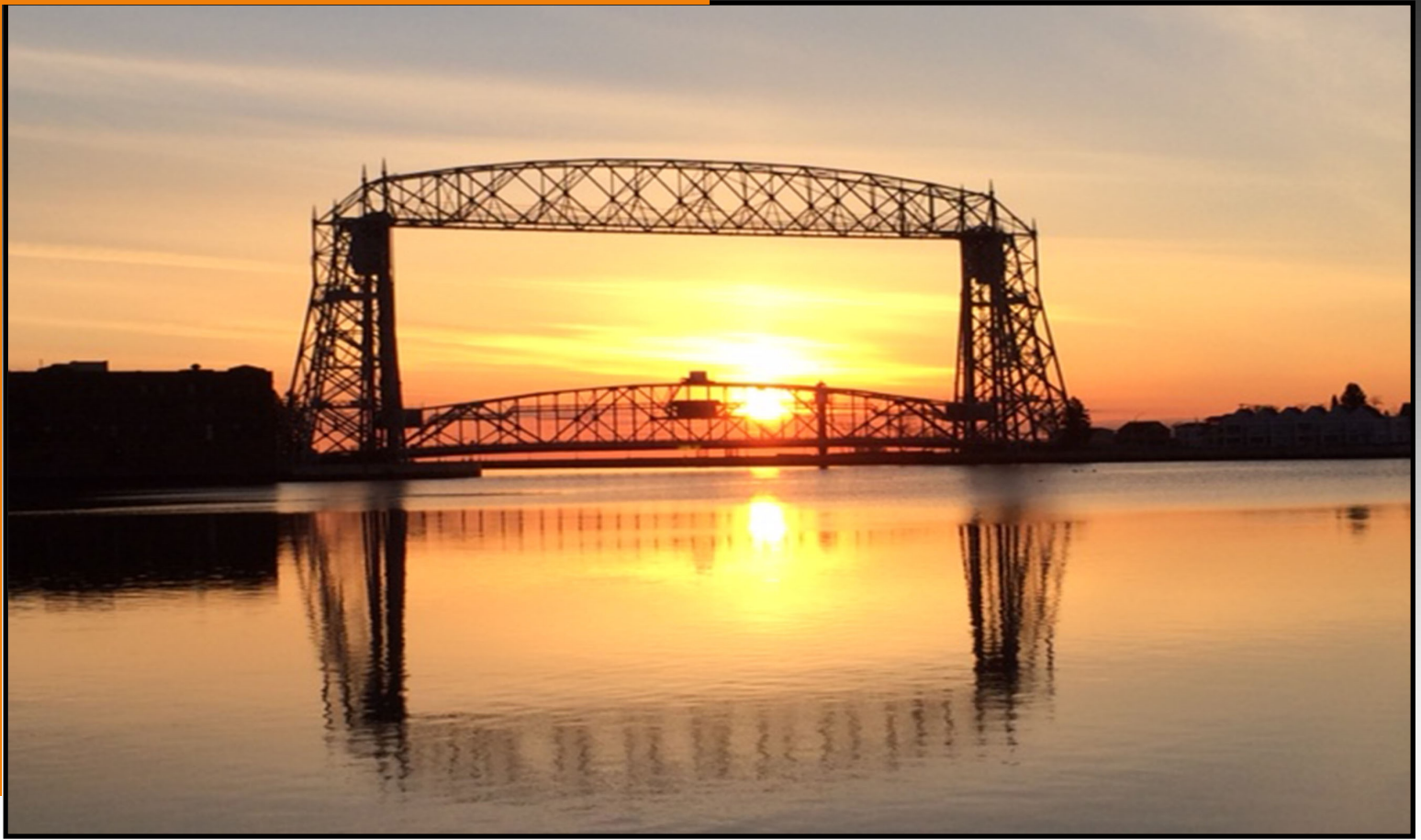
The answer lies in the well-known American historian, Carter G Woodson, pioneering the field of African American studies in the early 20th century. He was inspired by the three-week national celebration of the 50th anniversary of African American emancipation in 1915. Woodson was joined by four others in founding the Association for the Study of Negro Life and History (A.S.N.L.H.) that encouraged scholars to study the Black past, which until then had been ignored by the American academia. Woodson's efforts came to triumph in 1924 when his college introduced Negro History and Literature Week. Only two years later, Woodson and the A.S.N.L.H. started Negro History Week in February 1926.

February is also the birth month of two figures who have made a significant impression on African American history: American President Abraham Lincoln (born February 12), and activist Frederick Douglass (born February 14), who both contributed to the emancipation. Since the deaths of Lincoln and Douglass, the African American community had celebrated their contributions to African American liberation and civil rights on their birthdays. By observing Negro History Week in February, Woodson also honored the legacy of Lincoln and Douglass and sought to extend the celebrations of the achievements of African Americans through the entire month.

- This information was obtained by nationaltoday.com -

2023 Black History Month Theme is “Resistance”

Visit the [Association for the Study of African American Life and History](https://africanamericanhistory.org) to learn more about this year's theme.



Be sure to mark your calendar for the
2023 Conference in Duluth
MCA will be celebrating their
90th Anniversary!

October 24th will be the kick-off event with the
Awards Ceremony in the evening and the
training sessions will take place October 25th-27th.



See you in Duluth
October 2023

Carter Diers

President - Elect 2024



If you had one day left to live, how would you spend it?

This picture from this summer about sums it up. I was at a little restaurant eating breakfast with my family when my 8 year old daughter, Madeline, commandeered my phone and took this picture. We were at the edge of Rainy Lake and about to head out on the water for some fishing, sun and fun. It was a good day. So, my last day on this earth would have family, friends, great conversation, and lots of laughs.

BIO

Carter Diers has been employed as a probation officer since 1996 and currently a District Supervisor for the Minnesota Department of Corrections. He has worked with juveniles and adults; and every level of supervision from group to intensive. He received his B.S. in Corrections from Minnesota State University, Mankato and his M.A. in Organizational Leadership from Concordia University, St. Paul. He spent 10 years in the National Guard ending his career as a staff sergeant/section chief. He has started and sold a business, started a non-profit organization devoted to fighting racism and has been involved in several others such as the Minnesota Association of County Probation Officers and now the Minnesota Corrections Association. He is the current chair of the Minnesota EBP Advisory Committee and a trainer for MI, Case Planning, YLS-CMI, COG, and others. Carter is also active in his community serving as president of his lake association and is the current president of his church council.

Adult Justice / Legislative Committee

Submitted by Co-Chair, Mary Cardinal

marycardinalpeterson@gmail.com

The 2023 Legislative Session opened January 3, 2023 with 47 new legislators and many changes due to the legislative redistricting that was completed last session. After several years of little movement with needed changes in corrections initiatives due to the politically split legislature, we are hopeful that this is the year to start making needed improvements in our working conditions and meeting the needs of our clients. However, the Legislative Committee needs your help to shed a strong light on our initiatives this year.

There are several things you can do to help with varying levels of involvement. Please consider the ones that fit into your schedule.

- Find your legislators by going to <https://www.gis.lcc.mn.gov/iMaps/districts/> and enter your home address to learn your Legislative District (Senate Districts are numbered 1-67 followed by the House District letter A or B) your Minnesota Representative & Senator as well as your U.S. Representative and Senators with links to their contact information. You may also enter your work address to find out the legislators of the immediate community you work in. It can be helpful to know who they are as well since you work in their areas.
- Attend MCA / MCAPO / MACCAC Capitol Day, Wednesday February 8, 2023, 8:30 am – 12:00 pm via Zoom. Registration information will be sent out to all members.
- Join the MCA Legislative Committee. We meet on the second Thursday of the month 9:00 – 10:30am via Zoom. Time is spent discussing issues that impact our work and the needs of our clients and develop strategies for educating legislators and policy makers for needed change. Our Legislative Liaison, Calvin Saari, updates us on the status of bills that impact corrections, identify issues that need connecting with legislators and/or committee testimonies; develop our annual legislative agenda, plan the annual MCA Capitol Day and annual Fall Conference legislative workshop. Go to the MCA website for information on how to sign up.
- Schedule an appointment with or send an email to your state Senator and Representative to introduce yourself as one of their constituents. Tell them about the work you do, give them copies of the MCA Legislative Agenda and Legislative Summary pointing out areas that are most important to you and you would appreciate their support. Give them your home and work contact information and invite them to contact you if they have questions.
- Email your legislators when there are bills you care about expressing your thoughts and concerns throughout the session.
- Invite your legislators to your workplace (of course coordinating that with your supervisors) to meet staff, learn about what you do and your concerns and if possible have them meet with clients to share their stories of how your work has made a difference for them. If you do group supervision, invite them to a group.
- Invite your legislators to workshops, conferences, events that will help them get a better understanding of the issues you and your clients deal with.
- Attend hearings on bills you are interested in whenever possible. Ask our Legislative Liaison if you would like to shadow him when he's at the Capitol.
- Watch Hearings via Live Stream or past videos of hearings. House Streaming Schedule - <https://www.house.leg.state.mn.us/hvtv/schedule.asp> Senate Streaming Schedule – https://www.senate.mn/media/media_coming_up.html
- Complete the MCA Legislative Committee Questionnaire to let us know your legislators, areas of interest and willingness to participate.

Working together to educate legislators about our work and needs to keep our communities safe will help everyone! We hope to hear and see you!



Behind every number is a person and a story.
Everyone needs help sometimes. Amicus will be there.

For more than 50 years, Amicus has been a healing force in our community, helping justice-involved people find a safe home, jobs to begin building anew, and the comforting fellowship of community belonging.



Serve **1,222** people through supportive re-entry services



Support **1,002** adults with transportation



Provide **227** men and women with volunteer mentors



Provide **197** individuals with winter clothing and toiletries



Assist **176** people as they find permanent employment



Help **50** individuals find stable housing



Support **45** women as they transition from prison to community



Attain **7.6%** three-year recidivism rate for participants

voamnwi.org/amicus

 **Volunteers of America**
MINNESOTA AND WISCONSIN

 **Amicus**
Real change starts on the inside.

Latonya Reeves

'22-23 Secretary



If you weren't in this line of work, what career would you want to pursue? **Political arena, I would probably run for local office.**

How would you describe yourself in one word? **Tenacious**

If you could choose one song to play every time you walked into a room, what would you choose? **Boss by Rick Ross**

If you could lead a parade through your office, what type would it be? **Dancing parade with very loud drums**

BIO

My name is Latonya Reeves, and I am a Career Probation Officer in the Adult Probation Supervision Services Division of the Department of Community Corrections and Rehabilitation in Hennepin County, Minneapolis, MN. I have a Bachelor of Arts from the University of Minnesota in Political Science and Sociology of Law, Criminology and Deviance, a Master of Science in Public Service Leadership in Criminal Justice, have completed all coursework for my PhD in Criminal Justice., and am working on my degree in Social Work. I am President of the American Federal of State, County and Municipal Employees (AFSCME) Council 5 Local 552 Probation and Parole Bargaining Unit. I was elected to serve on the MN Council 5--AFSCME Executive Board-West Metro District. I also serve as Secretary on the Executive Board of the MN Corrections Association, am a member of the MACCAC and the Minnesota Association of County Corrections Officers. I am the Co-Founder of the Elite Dollz of Faith based in Atlanta, GA, a non-profit 501c3 organization rooted in giving a hand up in communities across the United States. I am a member of the Southern Crescent Chapter of the National Women of Achievement, and the Alpha Phi Sigma Criminal Justice Honor Society. I am the Communications Director for the People of Color Employee Resource Group as well as Strategic Plan Chair of Collaborative Relationships. I also work on the Sexual Assault Multidisciplinary Action Response Team (SMART) as well as the Labor Mgmt Health Care Committee. of racial disparity reduction and best practices in Criminal Justice. I supervise Adult Level 3 Predatory Offenders and Traditional High Risk Clients in the Twin Cities Metro Area. I sit on several committees and workgroups including the Innovation and Inclusion Committee, the Hennepin County Policy Committee, the Eliminating Racial Disparities Workgroup, the Workplace Safety Engagement Team for APSSS, and the DOCCR Out of Home Placement Redesign. I am the recipient of the Rick Scott Political Activism Award in 2019 from the MN AFL-CIO/AFSMCE Council 5, and serve as a Commissioner of the Minnesota Civilian Public Safety Commission. I enjoy learning in my chosen field to build on the practices



It's a challenge...

Faith-based residential treatment and recovery program that provides licensed treatment and co-occurring mental health services along with special tracks for:

- pregnant women
- mothers involved with CPS

...but you're worth it.

GET HELP NOW:

612-FREEDOM (373-3366)

mntc.org



Freedom from addiction starts [here](#).



Join Today

A Minnesota Corrections Association Membership gives you access to...

Awards—Trainings—Employment—Policy—Networking

- Individual member \$35
- Retiree \$50 lifetime
- Student membership \$10.

Contact the MCA Office to join! mca-mn@hotmail.com

Join MCA!



Jane Schmid

Past President - Awards



- What superpower would you choose for yourself? Give me an example of how it would apply in this job.---- Psychokinesis and I would use it to influence others to follow through on change!
- What advice would you give to yourself at age 15?----Slow down! Average age is 80+, you haven't even lived a quarter of your life, leave some things for the rest of your years!
- If you were an ice cream flavor, what would you be?----Peppermint Bon-Bon. A little minty with some bits of sweet J
- If you weren't in this line of work, what career would you want to pursue?----Forensic analyst....love crime solving!
- If you had one day left to live, how would you spend it?----Touring amazing sites with my husband and kids!

What's the very first job you had (that's not on your resume) and what did you learn from the experience?---Waiting tables at Lincoln Del. Well-earned lessons in patience with others!!



Call Today. Begin Today.

- Substance Use Disorder Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Chemical Health Assessments
- Mental Health Services
- Medication Assisted Treatment (MAT)
- Sponsored Housing
- Peer Recovery Support
- Risk Need Responsivity Programming
- Moral Recognition Therapy (MRT)
- Criminogenic Needs Treatment
- Alumni Group



Telehealth Option Available for all programming including SUD group!

Partners offers individuals with substance or alcohol use a convenient way to access treatment services. With the addition of telehealth programming, we are expanding our reach and helping rural populations overcome shortages of specialized behavioral healthcare and resources. It is a convenient solution for individuals with transportation limitations or a lack of childcare.

SPECIALIZED PROGRAMMING FOR JUSTICE-INVOLVED INDIVIDUALS

Partners Behavioral Healthcare offers cognitive behavioral interventions in conjunction with substance use treatment. 80% of programming is evidence-based and includes Decision Points, Trauma, Illness Management & Recovery (IMR) and Moral Reconciliation Therapy (MRT). Decision Points curriculum meets corrections requirements, which is what individuals often need to complete upon release. In addition, licensed instructors clinically train counsellors through Decision Points authors, LLC.

MENTAL HEALTH SERVICES

Evidence-based care for trauma, anxiety, depression and other presenting needs. Co-occurring disorders are diagnosed at Partners Behavioral Healthcare in conjunction with other health professionals.

MEDICATION ASSISTED TREATMENT

Partners Behavioral Healthcare offers Medication Assisted Treatment (MAT) in our goal to provide a "whole patient" approach to the treatment of substance use disorders. MAT bridges the biological and behavioral components of addiction. Research indicates a combination of medication and behavioral therapies can successfully treat substance use disorders and help sustain recovery. MAT has been shown to assist patients in recovery by improving quality of life, level of functioning, and the ability to handle stressors. MAT is evidence-based and is a recommended course of treatment for opioid addiction.

INTENSIVE OUTPATIENT TREATMENT

Intensive outpatient treatment is a primary treatment program that can be recommended by a clinical comprehensive assessment. Clients participate in group and individual therapy, while working on an individualized treatment plan. Treatment is supported by a multi-disciplinary team including LADC's, Mental Health Therapists (if needed), Peer Recovery Specialists and Case Workers. Intensive outpatient programs occur in non-residential settings and consists of more treatment hours per week than traditional programming.

OUTPATIENT TREATMENT

Outpatient treatment offers more flexibility than intensive treatment and allows participants to maintain work, family, and personal commitments. Participants can attend sessions in the mornings or evenings and are able to pursue their personal recovery goals without explanation of a prolonged absence. Length of time in treatment depends on a variety of circumstances that are unique to the participant, however most clients remain in programming for 12 to 24 weeks. Once in our program, our clinical professionals will perform ongoing assessments and provide referrals for additional service as needed.

PEER RECOVERY

We provide every participant with a Peer Recovery Support Specialist who has experienced addiction and are experiencing recovery. Peer Recovery Specialists offer mentoring, assist with housing, transportation, employment, and guidance in navigating community support systems.

How MINNCOR Industries Benefits the State of Minnesota

MINNCOR Industries provides Incarcerated People (IPs) job skills development for successful community transition. We transform lives for community success and safety. Our work helps make Minnesota a safer place to live and work.



MINNCOR focuses on transformative programming. We provide training, support, and real-job experience that can boost confidence and empower individuals to make different choices. MINNCOR is also developing a collaborative program with the Department of Corrections Education unit to create a stronger bond between education and work experience.

Economic Benefits

MINNCOR Industries takes pride in the benefits we provide to the State of Minnesota. We support the Minnesota economy by spending than \$19 Million annually on raw materials, goods, and services from local Minnesota businesses every year. Nationwide, Correctional Industries program support over \$1 Billion in raw materials, supplies, components, equipment, and services. Industry assignments allow IPs to fulfill financial obligations such as restitution, child support, victims aid, and more. Additionally, products manufactured by MINNCOR are made in Minnesota, which supports domestic jobs and the nation's economy. MINNCOR serves as a domestic resource to perform work that in many instances would be done outside the United States.

Social Benefits

One of the many social benefits MINNCOR provides to Minnesota is by keeping prisons safer by effectively reducing IP idleness inside correctional facilities; this is proven to decrease violence against staff and IPs. Studies of Correctional Industries and MINNCOR show the effectiveness of job and skills training; those who participate in a correctional industries program are less likely to return to prison than the average IP in the Minnesota prison system. The national rate for recidivism is 24.2% for those working in correctional industries, versus 40% for the average IP*. MINNCOR also prepares IPs for employment. While working for MINNCOR, individuals develop foundational work skills and learn various technical skills across dozens of fields. They enhance valuable soft skills including communication, teamwork, time management, accountability, lean practices, and responsibility – all contributing to success upon release.

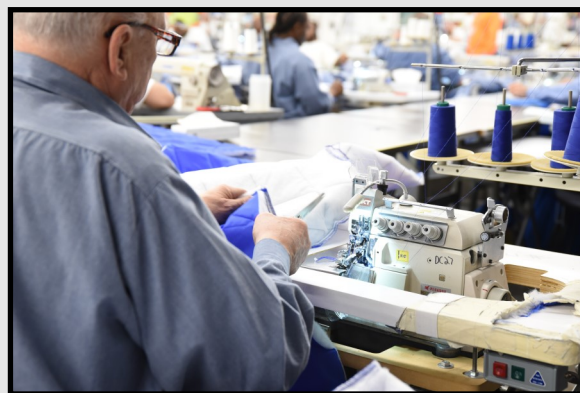


Tax-Payer Benefits

MINNCOR is financially self-sufficient, meaning no tax dollars have been used to support industry programming since 2003. In fact, MINNCOR provides financial support to the DOC's Education and Reentry programs, as well as Minnesota's General Fund, with any cash reserves it generates. MINNCOR also reduces the cost of incarceration. As a self-sustaining Correctional Industry program, we offset the need to spend additional taxpayer dollars for IP supervision and alternative program costs. Finally, MINNCOR generates a notable return on investment. In Minnesota, for every dollar invested into MINNCOR there is an estimated \$15.90** in taxpayer and other societal outcome benefits.

**Information found on the National Institute of Justice website; //nij.ojp.gov/*

***Minnesota Management and Budget report: Benefit-Cost Analysis Report: Adult Criminal Justice*





Legislative Affairs

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As I prepare this article for the first 2023 issue, the Legislature begins the second week of the new biennium, and there has been a significant change in membership. There are 49 new faces in legislative seats and for the first time in sixteen years we have a "trifecta", meaning one party (the DFL) controls the Governor's Office and both chambers of the Legislature. Remember however, that the Senate DFL has majority by only one vote!

There is also new leadership in all major committees and a new sense of bi-partisanship, meaning a commitment by the leadership to work together to make decisions to move good government forward. Let's hope this is truly the case. The ensuing weeks will tell!

In the Senate Judiciary and Public Safety Committee, Senator Ron Latz returns to lead that Committee with past Chair Senator Warren Limmer as the Minority Lead. This nine-member committee has four "freshmen" legislators which will definitely change the culture of that committee.

In the House there has also been major change. The Public Safety Committee has a new Chair in Rep. Kelly Moller and several long time committee members no longer assigned to this Committee. They also have a large number of new legislators with no past experience with Criminal Justice issues.

In a significant change the DFL created a new committee named the Children and Families Policy and Finance Committee, which is chaired by Rep. Dave Pinto, a long time legislator and advocate for corrections concerns. It is my guess that this committee will be a very productive Committee and will process the majority of issues and concerns our corrections organizations advocate, so I look forward to a close relationship with Rep. Pinto these next two years.

All legislative committees are now meeting as scheduled. The last week and much of the next couple of weeks will be taken up with presentations from various organizations and departments, defining their roles and legislative priorities, with a scattering of hearings on new legislative proposals. There have been 117 bills in the House and 102 bill in the Senate introduced in the first week, so there is much work for us to conduct right now. We will review each bill introduction and prioritize a list of bills pertaining to our legislative agenda that we will track and keep our membership apprised as they work through the legislative process.

Finally, remember, Wednesday, February 8, 2023 is the 2023 Corrections Capitol Day event, which will again be an exclusive Zoom presentation. Please note this date and watch for registration information as we will have a large number of legislators participating and providing you with their legislative interests and priorities for the current session

As in the past, I will be providing our members legislative updates as we track legislative bills that could impact our delivery system. There's lots on the legislative table this session with an enormous budget surplus and the necessity to adopt a new two year budget, considering a bonding proposal and several other major issues that were left undone in that less than productive legislative session of the last two years. There is much to look forward to in the next several months. Please contact me with your questions, concerns and recommendations, and thanks for your support!

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Cervical Cancer Awareness Month

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Dry January

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National Blood Donor Month

National Hobby Month

National Hot Tea Month

National Thank You Month

National Meat Month

National Polka Music Month

[Courtesy of National Today Website](#)



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accountable. Midwest works with our customers to create the services that will fit customer needs. Midwest monitoring provides a 24/7 call center and will do client installs 7 days a week. Midwest Monitoring works with the counties helping to maintain public safety. For more information you can contact

Char Wilson
612-590-9839

Char.wilson@midwestmonitoring.com

Or visit our web site <http://www.midwestmonitoring.com/>



rseden.org
651-287-1600



rsilaboratories.org
612-287-1654

RS EDEN Corrections Services operates three community corrections facilities to serve men and women. Utilizing evidence-based practices and gender responsive programming, we provide a safe environment for clients to make internal changes to promote rehabilitation, while ensuring public safety.

RS EDEN Supportive Housing plays an active role in the development and operation of affordable, safe, and supportive housing throughout the Twin Cities. We oversee nine distinct projects serving youth, singles, and families.

RSI LABORATORIES specializes in drugs of abuse testing for corrections, chemical dependency, and human service agencies. Our lab is accredited by the College of American Pathologists (C.A.P.) and the Centers for Medicare and Medicaid Services (C.L.I.A.).

RS EDEN Recovery Services has a reputation of working successfully with people who have substance use disorders. We offer inpatient and outpatient programs, specializing in serving culturally diverse, poly-drug addicted adult males and females.

Since 1971, RS EDEN has been a leader in delivering effective community human services in Minnesota. Our mission is to provide a spectrum of care—recovery and support services—to facilitate self-sufficiency for individuals, families, and communities. We believe that with structure, stability, and accountability people can and do change.

Learn more about available career opportunities at rseden.org.

2023 MCA Monthly Trainings

FREE FOR
MEMBERS!

January 20

Lifer Panel

Sponsor Spotlight: 180 Degrees

February 17

Boundaries and Ethics

Sponsor Spotlight: West Central Regional Juvenile Center

March 17

Restorative Justice Overview

Sponsor Spotlight: R.A.I.N. Homes

Mark your calendars for the third Friday of the month MCA trainings!

The education and training committee is always looking for suggestions for subjects or speakers for our monthly presentation.

Please contact Pat Gerbozy at patricia.gerbozy@state.mn.us if you have any ideas.

Click [here](#) to register for these MCA Member

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**For more information
contact info@nuway.org**

nuway.org



American Heart Month

National Bird Feeding Month

National Weddings Month

February is...

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Black History Month

Potato Lovers Month

Love the Bus Month

Youth Leadership Month

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[Courtesy of National Today Website](#)



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The **FORUM** is published six times a year by the Minnesota Corrections Association, a nonprofit, professional association incorporated in Minnesota. Articles submitted by our membership do not express the views of MCA or the board of directors.

Articles should not be of the nature of a commercial solicitation of products or services; rather, they should be informative on topics of interest to MCA membership at large.

Articles may be submitted to the FORUM editor Tara Rathman at Tara.Rathman@state.mn.us

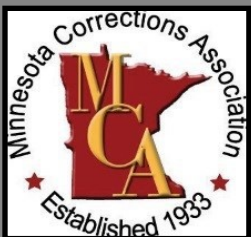
OUR MISSION:

**TO PROMOTE THE PROFESSIONAL DEVELOPMENT
OF INDIVIDUALS WORKING IN ALL
ASPECTS OF THE CORRECTIONS FIELD
AND TO PROMOTE ETHICAL AND JUST
CORRECTIONAL PRACTICE.**

To contact MCA, join a committee, sponsor us or to get involved, please contact:

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