



MCA Annual Training Institute October 26-28, 2022 Grand View Lodge Nisswa, MN

Conference Schedule - The full conference schedule will be posted as soon as it is available.

Keynote Speakers:

Nicole Phillips – Kindness is Courageous



KINDNESS IS COURAGEOUS: What happens when you step out of your comfort zone and live life courageously kind? From spending childhood Saturdays in a prison visiting her mom’s husband, to experiencing the joy that comes with forgiveness, Nicole loves to share the transformation that happened in her own life when she made a career out of kindness. The same tools that helped her see life through a new lens will lead you to into your own courageously kind adventure!

Jeff Thompson - NOT “Check Box” Training: Real Practices in Resilience



NOT “Check Box” Training: Real Practices in Resilience: “Resilience” is increasingly becoming a popular topic with first responders. Unfortunately, due to its popularity, the term can fall victim to foolish approaches of “check box” training, outreach, and initiatives. This workshop explores the science behind a collection of resilience practices that have already been modified (and embraced) in our profession. “Resilience” is increasingly becoming a popular topic with first responders. Unfortunately, due to its popularity, the term can fall victim to foolish approaches of “check box” training, outreach, and initiatives. This workshop explores the science behind a collection of resilience practices that have already been modified (and embraced) in our profession.

The presenter will share the practices he has used in many of his trainings for law enforcement recruits, patrol, leadership, and specialized units like SWAT, homicide investigators, and hostage negotiators. Check out this workshop to give yourself a chance to engage with like-minded law enforcement professionals and learn some new resilience practices because we all deserve to have positive mental health.