



***Proudly Present***

# **PROBATION OFFICER SURVIVAL:**

## ***NAVIGATING THE CHALLENGES OF THE JOB***

Join us for an exploration into the impact that being a Probation Officer has on you (and your relationships) at home and at work.

You will come away with a new found understanding of how our stress reactions impact officer safety, health, wellness, quality of life, and longevity.

We will wrap up the presentation with easily implemented tips to mitigate the negative impact of those stressors on ourselves and those whom we care most about.

Presenter: Brent Richter, MA, is Licensed Professional Clinical Counselor (MN) and a Board Certified Trauma Specialist (ATSS). He serves a number of Minnesota Law Enforcement agencies in a variety of clinical support roles. He retired from the Minnesota State Patrol in 2009, and is currently in private practice in Maple Grove, MN where he sees primarily law enforcement and other emergency service personnel and their families.

**Thursday, May 10, 2018, from 0830-1630 hours**

Olmsted County Government Center - Council/Board Chambers  
(151 – 4<sup>th</sup> Street SE, Rochester, MN 55904)

**ALL PROBATION OFFICERS ARE ENCOURAGED TO ATTEND!**  
**REGISTRATION IS FREE- SPACE IS LIMITED**

For any questions and registration, please contact:  
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